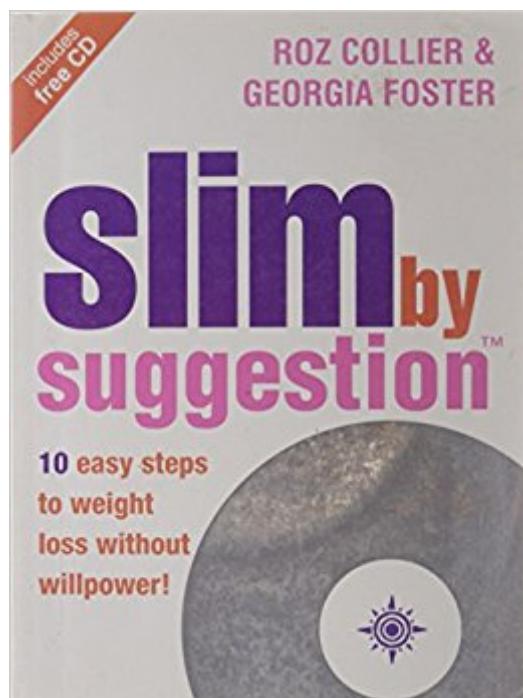


The book was found

Slim By Suggestion: 10 Easy Steps To Weight Loss Without Willpower!



Synopsis

With this book and 74-minute CD, you will discover why all the other diets you have tried--using willpower alone--have failed.

Book Information

Paperback: 208 pages

Publisher: Thorsons (April 25, 2002)

Language: English

ISBN-10: 0007126662

ISBN-13: 978-0007126668

Product Dimensions: 6.4 x 0.6 x 8.4 inches

Shipping Weight: 14.1 ounces

Average Customer Review: 3.6 out of 5 stars 2 customer reviews

Best Sellers Rank: #10,517,272 in Books (See Top 100 in Books) #92 inÃ Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #3791 inÃ Books > Self-Help > Hypnosis #24587 inÃ Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss

Customer Reviews

Roz Collier and Georgia Foster are both clinical hypnotherapists and lecturers at the London College of Clinical Hypnotherapy. Their practices incorporate Voice Dialogue, Rational-Emotive, Cognitive-Behavioural and stress counselling therapies. Both have trained clinical hypnotherapists to diploma level and have run specialist workshops in Self-Esteem, Motivation and Stress Management. Georgia also runs sales motivation groups for business. They launched Slim by Suggestion 3 years ago.

Got this product as a Father's Day gift. He loves the product. For its price, it is excellent quality. A very good looking tool too. In addition, the customer service was excellent. I certainly would recommend it! my family all need it , very good seller . will buy next time . fast shipping.

I found this book and the accompanying cd very helpful in my weight loss efforts. It works. The book promises "10 easy steps to weight loss without willpower." For me, that promise was kept.

[Download to continue reading...](#)

Slim by Suggestion: 10 Easy Steps to Weight Loss Without Willpower! Weight Loss: Lose Weight

and Body Fat: 3 Simple and Easy Methods to Improve: Health, Fitness and Nutrition (Weight Loss Strategies, Proven Weight Loss, ... Habits, Belly Fat, Weight Loss Tips) ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You: Rapid Weight Loss Guide For Beginners, Rapid Weight Loss Guide, Atkins Rapid Weight Loss Hair Loss: Hair Loss Solutions for Beginners - Hair Loss Basic Guide - Hair Loss Cure (Hair Loss Protocol - Hair Loss Black Book - Hair Loss for Dummies 1) Slow Carb Recipes: Simple Weight Loss Recipes To Lose 20 Pounds in 30 Days and Increase Energy Without Exercise!: Weight Loss Recipes (Slow Carb Weight Loss Book 1) Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Weight Watchers Cookbook: 14 Days Diet for Weight Loss and Healthy Habits: (Weight Watchers Cookbook, 14 Days Diet, Weight Watchers Recipes, Weight Watchers 2015, Weight Watchers Diet) Lose Weight Without Dieting or Exercise Cookbook: How to Lose Weight Without Dieting or Exercise and Never Be Fat Again Weight Loss Cookbook Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Intermittent Fasting: 6 Intermittent Fasting Methods For Weight Loss, To Burn Fat, Build Muscle and Loose Weight By Eating Naturally. An Intermittent Fasting ... Loss, Intermittent Fasting For Weight Loss) The Instinctive Weight Loss System - New, Groundbreaking Weight Loss Product- 7 CD's, Over 7 hours of Hypnosis for Weight Loss and Mind Reconditioning Sold in Over 40 Countries Worldwide Train Your Brain for Weight Loss - 2 Self Hypnosis CD's for Weight Loss Empowerment and Exercise Motivation (Train Your Brain for Weight Loss, 1) Ultimate Weight Loss Smart Points Beginnerâ„¢s Guide: Everything You Need to Know for Rapid & Sustainable Weight Loss (Includes 50 Weight Loss Tips, 30 Day Meal Plan, and Recipes) Weight Loss: Weight Loss Instant Pot eBook, Eat What You Love But Do It Smarter!Simple Recipes To Follow Weight Loss Smarts Points DASH DIET: The Dash Diet Simple Solution To Weight Loss - Includes Over 50 Dash Diet Recipes To Maximize The Weight Loss Process (Dash Diet, Dash Diet ... cookbook, Dash Diet weight loss Book 1) Juicing For Weight Loss: 75+ Juicing Recipes for Weight Loss, Juices Recipes,Juicer Recipes Book, Juicer Books,Juicer Recipes,Juice Recipes, Juice Fasting, ... diet-juicing recipes weight loss Book 103) The Weight Watchers Cookbook: SmartPoints Guide with 50 Delicious Recipes for Rapid Weight Loss! (Weight Watchers Low Fat Low Carb Weight Loss Diet Book) DUKAN DIET: Lose Weight FAST And Lose Weight FOREVER: Four Phase Plan (Fat Burning Diet, Weight Loss Motivation, Burn Fat, Diet Plan, Weight Loss Plan, Dukan, Belly Fat) Weight Loss: The Ultimate Motivation Guide: Weight Loss, Health, Fitness and Nutrition - Lose

Weight and Feel Great! (Motivation Guide, Fitness Motivation, ... To Lose Weight, How Motivation Wor) Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)